

ALVOR BOWLS CLUB COVID-19 GUIDANCE FOR LAWN BOWLERS

Alvor Bowls Club has drawn up the following guidance to try to ensure the minimization of disease transmission taking into account the health situation related to the SARS-Cov-2 coronavirus outbreak (COVID-19) in Portugal and the rest of the world. The guidance is based on the guidelines issued by the Direção Geral da Saúde in Portugal.

CLUB FACILITIES

- The hand sanitiser available on site and personal facemasks must be used upon entry to and exit from the Club although the wearing of masks during play is not compulsory
- If a player is not comfortable playing with someone not wearing a mask we will try to rearrange the teams
- Disinfectant will be provided at one end of each rink for use during a match if required
- The toilet facilities cannot be used as changing rooms and only one person is allowed inside at any time
- The bar and food service will always be delivered onto the terrace and 2 metre social distancing must be observed for both service and queuing
- Customers should only occupy tables at the direction of the Club employees
- Customers are not allowed to change the position of tables and chairs
- Customers are not allowed to enter the bar area or kitchen at any time
- Payments should preferably be made by card

BOWLING MATCHES

- Common sense applies - players take responsibility for their own actions and check themselves for symptoms of Covid-19
- Social distancing at 2 metres or 1 metre plus mitigation (requiring additional measures such as face coverings to allow 1 metre and/or ensuring good hygiene and cleaning is maintained at all times)
- Jacks, mats, scoreboards and indicator marks are to be disinfected before and after each match

- The jack should only be centred with the feet
- Only spray chalk shall be used to mark woods
- The 2-metre sticks shall not be used
- Matches will be limited to singles, doubles or triples
- If someone outside your game touches the jack it should be disinfected prior to continuing with the game
- One of the leads should be nominated at the start of the game to use the pusher to collect woods after every end. Alternatively woods may be gathered with the feet without the use of a pusher
- Measuring an end should be done by the lead not responsible for gathering the woods and any shared measuring equipment should be cleaned after each use
- Use alternatives to shaking of hands (elbows, thumbs up etc)
- Players to follow strong hygiene practices at every opportunity - avoid touching your face and wash hands frequently. Hand sanitiser should be used regularly and prior to the start of every game
- No sweat or saliva is to be applied to the bowl or jack at any time
- Personal contact with solid surfaces should be minimised
- When your game has finished leave the green with regard to other bowlers to maintain social distancing
- Undue raising of voices should be avoided to minimise any airborne transmission of virus
- Social gathering during and after bowling is allowed provided that social distancing is maintained
- Spectators (including bowlers not playing at the time) should remain socially distanced at all times
- In the event of adverse weather bowlers and spectators should maintain social distancing whilst taking cover
- A schedule of attendance will be maintained including contact telephone numbers and email addresses

Alvor Bowls Club
29 September 2020